

# Teton County's High Risk Phase

What does **RED** mean and what can you do?



## Moving to Red

A number of our metrics have moved back into the “Concerning” category. This means we have widespread transmission of COVID-19 in our community and stress on our healthcare systems. The Teton County Health Department wants all community members to be aware that this means we are in the High Risk level. Teton County Health Department has developed a color-coded public health guidance system to provide actions our community members can take to decrease the spread of COVID-19.

**The more an individual interacts with others, and the longer that interaction, the higher the risk of COVID-19 spread.**

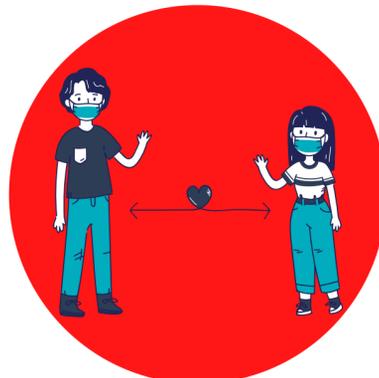
## Everyday preventative measures that can decrease risk, when combined with other recommendations:



Wear a mask in public at all times and refrain from shaking hands with others. Wash masks routinely



Stay home when sick, even with mild symptoms. Cover coughs or sneezes by using your elbow or sleeve, not your hands



Always maintain a 6-foot distance from others when in public, even when wearing a mask



Wash your hands with soap and water for at least 20 seconds and use hand sanitizer when soap and water are not available



Do not attend large gatherings. Limit exposure to individuals outside of your household



Travel for essential purposes only and self-monitor symptoms for 14 days upon return. Areas with a high number of COVID-19 cases should be avoided



Do not participate in or arrange in-person playdates or similar activities. All symptomatic children should stay home



Routinely disinfect high touch surfaces



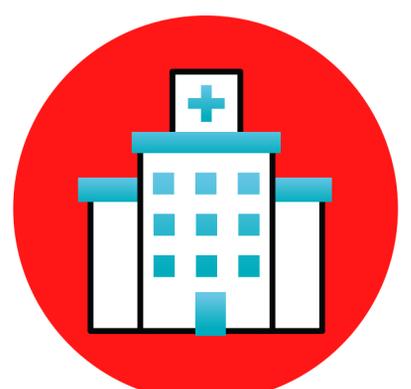
Encourage telework as much as possible. Within offices and businesses, stagger schedules and sanitize spaces and objects at least daily



Reduce your trips to the grocery store and limit other errands. Only send one person per household. Contactless, curbside, delivery, takeout, and virtual services are strongly encouraged



Avoid crowded indoor spaces. High risk individuals should avoid indoor activities with others outside of their household



No non-essential visitors to hospitals, nursing homes and other residential care facilities