



Ver.3

November Gym Calendar

Weekday Gym Hours

Monday - Friday

Monday, Wednesday, Friday:

Toddler Club 10am-1pm

Monday:

Open Gym Pickleball 1:15pm-3:00pm

Monday & Wednesday:

Open Gym Basketball 6:30pm – 8pm

Tuesday & Thursday:

Open Gym Pickleball 9:45am-11:45am

Open Gym Basketball 12pm-2pm

Tuesday:

Open Gym Volleyball 7pm – 8pm

Friday:

Open Gym Soccer 6:30pm-8:00pm

Weekend Gym Hours

Saturday - Sunday

Saturday:

Open Gym 1pm-8pm

Sunday:

Open Gym 1pm-4pm

Open Gym Volleyball 4pm-7pm

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 6:30 – 7:30 HIIT 10:00-1:00 Toddler Club 1:45-3:15- Middle School (Full Gym) 3:30 – 6:30 Taekwondo 6:30-8:00 Open Gym Soccer	2 No Open Gym Día de los Muertos Celebration 2:00-5:00pm
3 1:00-4:00 Open Gym 4:00-7:00 Open Gym Volleyball	4 6:30 – 7:30 HIIT 8:30-9:30 – ReFit 10:00-1:00 Toddler Club 1:15-3:00 Pickleball 3:30-6:30 Archery 6:30pm – 8pm Open Gym BBall	5 6:30-7:30 Core and More 8:30-9:30- REV+FLOW 9:45-11:45 Pickleball 12:00-2:00 Open Gym BBall 4:00-5:30 JR Broncs BBall 6:00-7:00- Ski Fitness 7:00-8:00- OG Volleyball	6 6:30 – 7:30 HIIT 8:30-9:30 – ReFit 10:00-1:00 Toddler Club 3:30-6:30 Archery 6:30pm – 8pm Open Gym BBall	7 6:30 – 7:30 Mountain Mobility 8:30-9:30- REV+FLOW 9:45-11:45 Pickleball 12:00-2:00 Open Gym BBall 4:00-5:30 JR Broncs BBall 6:00-7:00- Ski Fitness	8 6:30 – 7:30 HIIT 10:00-1:00 Toddler Club 3:30 – 6:30 Taekwondo 6:30-8:00 Open Gym Soccer	9 1:00-8:00pm Open Gym
10 1:00-4:00 Open Gym 4:00-7:00 Open Gym Volleyball	11 6:30 – 7:30 HIIT 8:30-9:30 – ReFit 10:00-1:00 Toddler Club 1:15-3:00 Pickleball 3:30-6:30 Archery 6:30pm – 8pm Open Gym BBall	12 6:30-7:30 Core and More 8:30-9:30- REV+FLOW 9:45-11:45 Pickleball 12:00-2:00 Open Gym BBall 4:00-5:30 JR Broncs BBall 6:00-7:00- Ski Fitness 7:00-8:00- OG Volleyball	13 6:30 – 7:30 HIIT 8:30-9:30 – ReFit 10:00-1:00 Toddler Club 3:30-6:30 Archery 6:30pm – 8pm Open Gym BBall	14 6:30 – 7:30 Mountain Mobility 8:30-9:30- REV+FLOW 9:45-11:45 Pickleball 12:00-2:00 Open Gym BBall 4:00-5:30 JR Broncs BBall 6:00-7:00- Ski Fitness	15 6:30 – 7:30 HIIT 10:00-1:00 Toddler Gym\Tot Club 3:30 – 6:30 Taekwondo 6:30-8:00 Open Gym Soccer	16 1:00-8:00pm Open Gym
17 1:00-4:00 Open Gym 4:00-7:00 Open Gym Volleyball	18 6:30 – 7:30 HIIT 8:30-9:30 – ReFit 10:00-1:00 Toddler Club 3:30-6:30 Archery 6:30pm – 8pm Open Gym BBall	19 6:30-7:30 Core and More 8:30-9:30- REV+FLOW 9:45-11:45 Pickleball 12:00-2:00 Open Gym BBall 4:00-5:30 JR Broncs BBall 6:00-7:00- Ski Fitness 7:00-8:00- OG Volleyball	20 6:30 – 7:30 HIIT 8:30-9:30 – ReFit 10:00-1:00 Toddler Club\Gym 3:30-6:30 Archery 6:30pm – 8pm Open Gym BBall	21 6:30 – 7:30 Mountain Mobility 8:30-9:30- REV+FLOW 9:45-11:45 Pickleball 12:00-2:00 Open Gym BBall 4:00-5:30 JR Broncs BBall 6:00-7:00- Ski Fitness	22 6:30 – 7:30 HIIT 10:00-1:00 Toddler Gym\Tot Club 3:30 – 6:30 Taekwondo 6:30-8:00 Open Gym Soccer	23 1:30-8:00pm Open Gym Thanksgiving Turkey Shoot 10am – 1:30pm
24 1:00-4:00 Open Gym 4:00-7:00 Open Gym Volleyball	25 6:30 – 7:30 HIIT 8:30-9:30 – ReFit 10:00-1:00 Toddler Club 1:15-3:00 Pickleball 3:30-6:30 Archery 6:30pm – 8pm Open Gym BBall	26 6:30-7:30 Core and More 8:30-9:30- REV+FLOW 9:45-11:45 Pickleball 12:00-2:00 Open Gym BBall 4:00-5:30 JR Broncs BBall 6:00-7:00- Ski Fitness 7:00-8:00- OG Volleyball	27 6:30 – 7:30 HIIT 8:30-9:30 – ReFit 10:00-1:00 Toddler Club 10am – 8pm ½ Gym Turkey Trot Set Up 1-8pm Full Gym – Turkey Trot Set Up	28 Happy Thanksgiving! Recreation Center Closed. <i>Have fun at the Turkey Trot!</i>	29 6:30 – 7:30 HIIT 10:00-1:00 Toddler Club 3:30 – 6:30 Taekwondo 6:30-8:00 Open Gym Soccer	30 1:00-8:00pm Open Gym